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## **Definitions**

#### **Holistic**

Synonyms: Alternative, Complementary, Traditional, Non-Conventional

#### **Conventional**

Synonyms: Allopathic, Traditional, Regular, Mainstream, "Real"



# Holistic Medicine refers to looking at the whole patient and all available therapies

#### Therapies include:

**Traditional Chinese Medicine** 

- -Acupuncture
- -Chinese Herbal Medicine

Homeopathy

Western Herbal Medicine

Chiropractic Therapy

Ayurvedic Medicine



#### Non-Conventional Therapies that are not "Holistic" (but have been labeled as holistic)

- -Laser
- -Supplements: Fish Oils, Glucosamine-Chondroitin, probiotics
- -Massage Therapy

#### Non-Conventional Recommendations that are not "Holistic"

- -Raw Food, Boutique Foods, Homemade Foods
- -decline vaccinations
- -decline antiparaciticides



### Reasons for Increase in Holistic Medicine

#### **Public Side**

Demand from the public has increased dramatically Access to information on the internet Increasingly used by people for themselves Increased access to practitioners



#### **Professional Side**

Increased availability of classes on Acupuncture, Chiropractic, Homeopathy, Herbal Medicine Public demand

Looking for therapies that may be helpful when conventional therapies fail



### What Veterinarians do to become "Holistic Practitioners"

**University of Missouri 1986 Private practice 1986-1995 Acupuncture Certification** 

-International Veterinary Acupuncture Society 1990

**Chinese Herbal Medicine training** 

-Traditional Acupuncture Institute 1993



#### **Homeopathy training**

- -Professional Course on Veterinary Homeopathy 1995
- Holistic Department
- -VCA SouthPaws Specialists and Emergency Center 1995-2014
- Chinese Herbal Medicine classes
- -IVAS Chinese Medicine Herb Course 1998
- Owner
- -Veterinary Holistic Center 2014-present



# **Continuing Education**

#### **Annual Meetings**

American Holistic Veterinary Medical Association International Veterinary Acupuncture Society American Academy of Veterinary Acupuncture

#### **Other CE Offered**

Chiropractic

Homeopathy

Western and Chinese Herbal Medicine

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## **Regulatory Concerns**

Human-trained practitioners who want to treat animals

Veterinarians with less than adequate training

Evaluating practitioners using the best options available at the time

#### Evaluating practitioners using "New" or "unproven" therapies

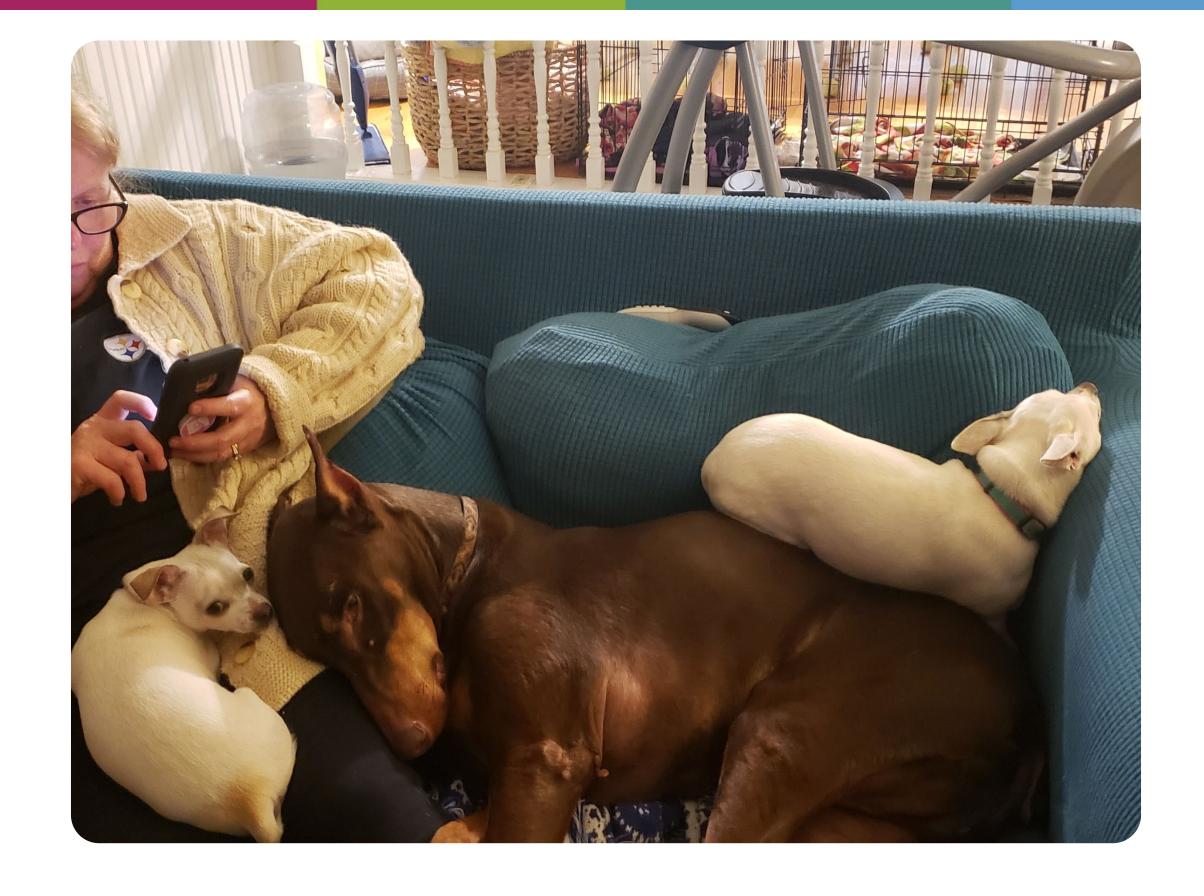
- -possibility that it may work
- -safety factor
- -full disclosure to owner



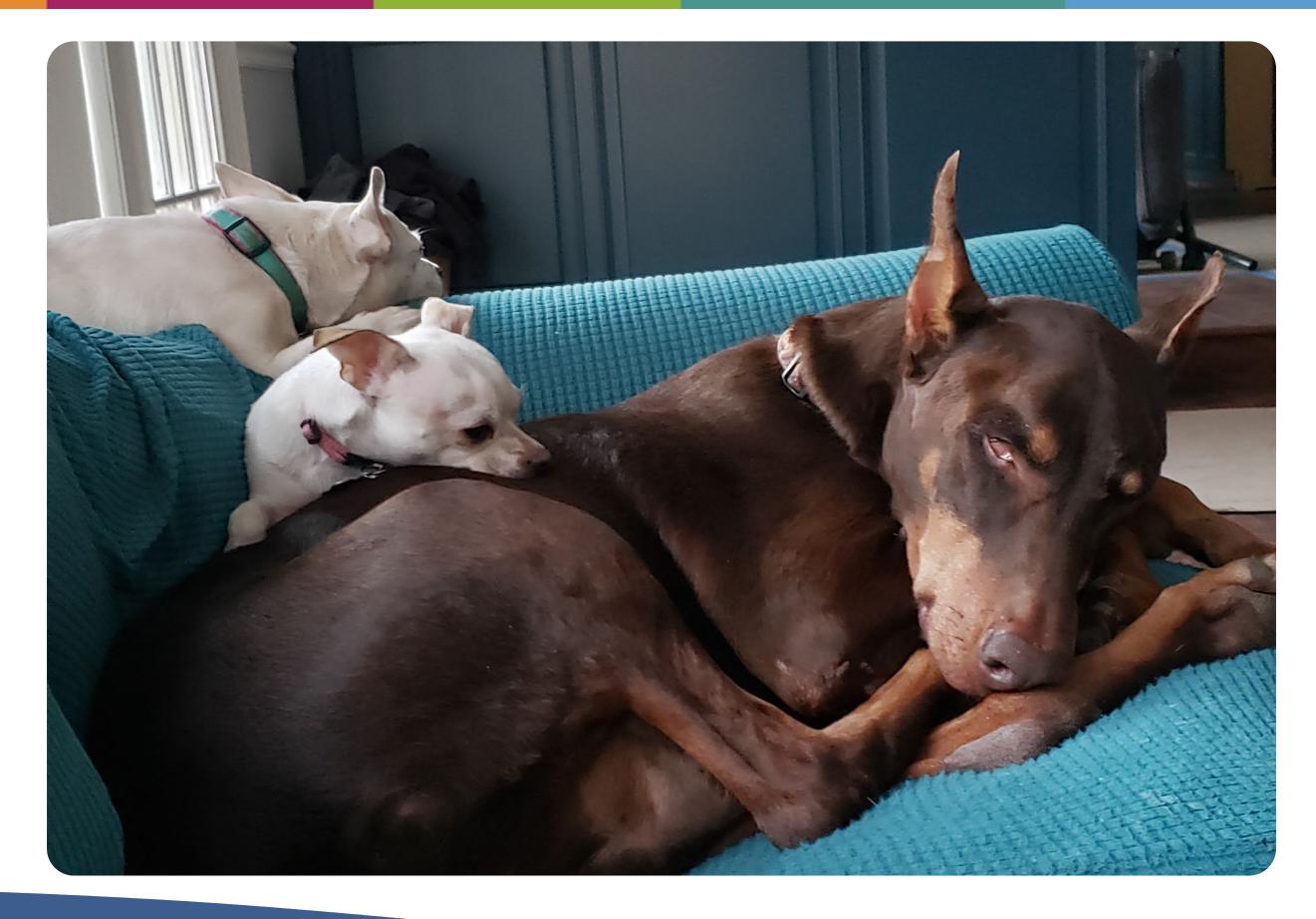
#### Low amount of published research

- -Funding
- -cross-over from human research
- -Acceptance at Veterinary Schools
- increased number of Departments of Integrated Medicine at veterinary schools











"It does not matter whether medicine be old or new, so long as it brings about a cure.



It matters not whether theories be eastern or western, so long as they prove to be true." Jen HSOU Lin, DVM, PhD



